MUSIC CAFÉ

"Music, sung or played, is spiritual food for soul and heart." —'Abdu'l-Bahá

Shukran! Gracias! Arigato!* In any language, "Thank you!" sounds good to the ear. Appreciating others brings them joy, and it can make you feel happy, too. Try this song to sing your gratitude for things small and large, and pass that good feeling along.

GRATITUDE

by Red Grammer and Pamela Philips Oland



If you should warn me, "Watch out! Don't step in that!"

Or tell me I've got spinach stuck between my teeth, You know that I'm grateful, eternally grateful.

I say, Thank you, Thank you, Thank you.

(Chorus)

When I wake up and walk outside each day,
The earth, the sun, the sky . . . they just
blow me away.

I'm so grateful, incredibly grateful.

I say, Thank you, Thank you, Thank you. (3x)

*"Thank you" in Arabic, Spanish, and Japanese