

## "Let your acts be a guide unto all mankind . . . " - Bahá'u'lláh

our days are full of tough choices. Do you eat the cookie or the carrot? Study for the test or try to squeeze it in after the game? Share the juicy gossip or keep it to yourself?

Even when you're planning to be responsible, friends might urge you to take another path. You

want to have fun and get along with others-should you give in, even if you know it's wrong?

Practice thinking about these tricky situations and figuring out what you'll say. Being prepared helps you stick to your goals and show integrity when it counts.

