Firm Foundation

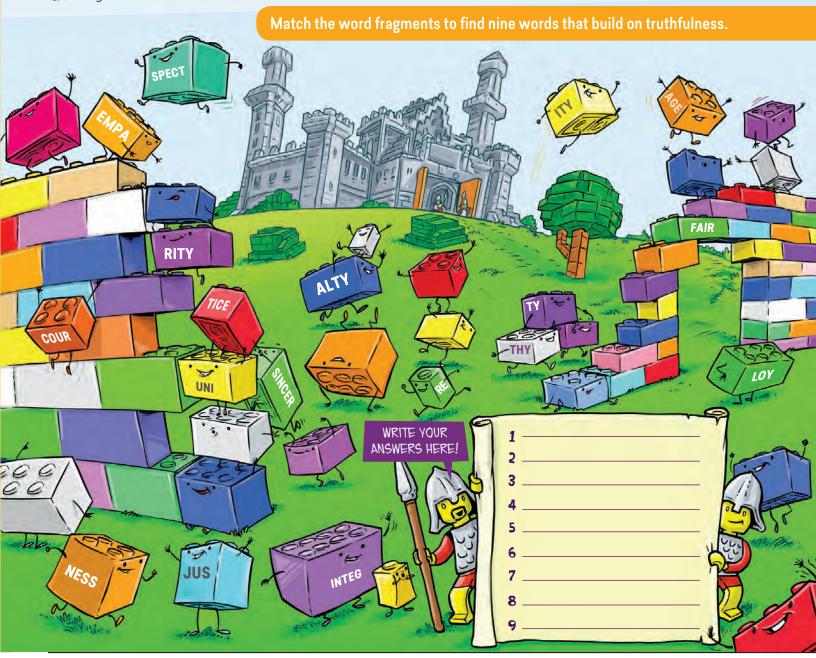
"Truthfulness is the foundation of all human virtues. Without truthfulness progress and success, in all the worlds of God, are impossible for any soul." —'Abdu'l-Bahá

hink about one of your best friends. They're probably someone you can always count on. You know you can believe what they say. You feel comfortable sharing your feelings with them. A true friend accepts you and cares about you, even when you make a mistake.

That kind of trust and honesty gives your friendship a strong foundation. It's impossible to really be kind and

loving if you're not also truthful. Even if you think it's easier to tell a friend a fib or just say what they want to hear, you're really damaging your bond of trust.

Truthfulness connects with all the other virtues, like bricks that are added one by one, until you've created a mighty castle. And if the weather turns fierce, a friendship built on truthfulness can make it through the storm.



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