



Scores a Goal!

ADD YOUR NAME HERE

It's kick-off time at the soccer game. The referee blows the whistle, and the ball is in play. You run down the field. A teammate passes you the ball. You dribble between two opponents and shoot—GOAL!

Scoring a goal is a great feeling—whether you're playing soccer or a guitar solo. And the only way

to *get* that great feeling is to set some goals and take action. Having goals gives you energy and confidence. Instead of wishing for your dreams to come true, you're working toward achieving them. In the game of life, that's sure to make you a winner!

Step-by-Step

Think of a major goal you want to achieve, then write your goal by the soccer net. Check out the goal-setting tips in the soccer field. Write one step toward your goal in each box below.

1

2

3

4

STEP 1 — FINISH BY: _____

STEP 2 — FINISH BY: _____

STEP 3 — FINISH BY: _____

STEP 4 — FINISH BY: _____

BIG GOAL — FINISH BY: _____

Goal!

Set a major goal you feel you can reach.

Get organized. List the needed materials or people to talk to.

Break your list into clear steps, then set dates to finish each step.

Spend a fixed amount of time each day working on your goal.

Find friends with a similar goal and team up with them.

Believe in yourself and stay positive!