



MY HARD WORK IS FINALLY PAYING OFF!



"Success or failure, gain or loss, must ... depend upon man's own exertions. The more he striveth, the greater will be his progress." — Bahá'u'lláh

### STRIVING FOR SUCCESS

When you're struggling with homework or a tough project, what thoughts go through your head? Do you sometimes think you're not smart or talented enough to do a good job? Or do you try your best and know that you'll improve with practice?

Research shows that success has a lot to do with your attitude. Kids who practice qualities like

determination, flexibility, and patience are more likely to achieve their goals. When you believe in yourself, you keep working at something until you succeed. A great way to stay positive and motivated is to pursue goals you're passionate about.

Are you ready to reach your goals and dreams? Answer the questions below to find out.

### WHAT'S YOUR ATTITUDE?

Think of a goal you'd like to achieve. Write it here and keep it in mind as you answer the following questions.

Goal: \_\_\_\_\_

Date you hope to achieve your goal: \_\_\_\_\_

If you've started working on your goal, what are two things you've done so far?

\_\_\_\_\_  
\_\_\_\_\_

1. Do you have a step-by-step action plan for reaching your goal? Yes / No

2. Do you see mistakes as opportunities to learn? Yes / No

3. Do you listen to and try to learn from people you admire? Yes / No

4. Are you willing to try new ways of doing things to achieve your goal? Yes / No



5. If a task gets difficult or time-consuming, do you keep trying? Yes / No

6. Do you ask for help when you need it? Yes / No

7. Do you keep going if things take longer than expected? Yes / No

8. Do you like to learn new things that can help you achieve your goal? Yes / No

9. Can you focus on a task without easily getting distracted? Yes / No

10. Do you seek inspiration about your goal by saying prayers or meditating? Yes / No



### ARE YOU DETERMINED?

The quiz provides tips that can improve your ability to succeed. How many questions did you answer "Yes"?

1-3: Good start. Keep practicing the virtues and skills that will help you improve.

4-7: Great. Stay positive and determined to reach your goal.

8-10: Wow! You're going in the right direction for success!